

KICK-IT CRUNCH

CHEESE FAVA PUFFS

+ 1 Meat/
Meat
Alternate

or

+ 1/4 Cup
Veggie
Equivalent

Good source  of fiber


**NUT
FREE**

NET WT. 1.05 OZ (30G)

**GOOD SOURCE
OF PROTEIN**



Crave-n-Rave
SNACK DIFFERENT

DARLINGTON
snacks

Darlington Snacks | Indianapolis, IN 46256 | T. 800.754.2202 | customerservice@darlingtonsnacks.com

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Crave-N-Rave

SNACK DIFFERENT

SHelf STABLE

1 MEAT / MEAT ALTERNATE

NUT FREE

GOOD SOURCE OF FIBER



DAR #53000
1.05 oz | 100 ct

Get ready to kick your snack game up a notch with Kick-it Crunch. These cheesy, protein-packed, fiber-rich, fava bean puffs deliver a mouthwatering experience that's so irresistible, all you'll have to remember it is the dust on your fingers!

INGREDIENTS: Fava Beans, Sunflower Oil, Seasoning Blend [Whey Solids, Maltodextrin, Salt, Cheddar Cheese Powder [Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Sodium Phosphate], Natural Flavors, Blue Cheese Powder [Blue Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Sodium Phosphate], Buttermilk Solids, Onion Powder, Yeast Extract, Pea Fiber, Contains 2% or Less of: Garlic Powder, Color Added (Paprika Extract, Annatto Extract, Turmeric Extract), Dextrose, Spices, Citric Acid, and Lactic Acid Powder.

Contains: Milk

Packaged on the same equipment that processes: Wheat and Soy

**+1 Meat/
Meat
Alternate**

or

**+1/4 Cup
Veggie
Equivalent**

For Additional WG Snacking Solutions

Try our Appleways® Sweet Crispy Snacks, Soft Oatmeal Bars, or Soft Baked Cookies! Also make sure you try our brand-new Crave-N-Rave® Cobbers!



NUTRITION FACTS

SERVING SIZE	CALORIES	TOTAL FAT *PDV	SAT. FAT *PDV	TRANS. FAT	CHOL. *PDV	SODIUM *PDV	TOTAL CARBS *PDV	DIETARY FIBER *PDV	TOTAL SUGARS	ADDED SUGARS *PDV	PROTEIN	SHELF LIFE
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Cheese	30g	110	5g	6%	0.5g	3%	0g	0mg	0%	200mg	9%	18g	7%	6g	21%	2g	0g	0%	5g	270
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Kick-It Crunch meets the USDA nutritional requirements to be a one (1) ounce meat/meat alternate by containing a 1/4 cup of fava beans. The main source of protein is: Fava Bean.

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